

BE^{above} Presents:

LIVING^{above}, a 3-day journey of discovery:

- ◆ What is it to consistently live from Love instead of Fear?
- ◆ How can you be more effective at creating the life you want?
- ◆ How do you close the gap between who you want to be and who you are able to be, no matter what the circumstances?
- ◆ Why is the answer always within, and how can you find it more easily?

April 16, 17 and 18, 2010

9:00 a.m. to 5:00 p.m.

Greater Boston Area (location to follow)

\$645

Early bird special: \$595

before March 25

www.beaboveleadership.com

The Program

When a person acts from fear and scarcity, he or she inevitably creates more fear and scarcity in their world. They are “below the line.” When they operate “above the line,” acting from integrity, vision, and abundance, *that* is what they create. They get what they are being. This is easy to say, but harder, in our busy day-to-day lives, to achieve. And yet, all the results we truly long for in our relationships, job, and personal lives exist only when we are able to live “above the line.”

The workshop far exceeded my expectations. I could not believe that this much understanding was possible in three days. —K.D.

The above the line living program is a 3-day exploration into the challenges and opportunities of choosing love over fear. In this workshop, you’ll have the chance to look at the impact of being above or below the line in every aspect of your life. You will receive practical tools, gain insights, and awareness, and be able to practice identifying and choosing the most heart-centered (and therefore effective) response in any situation.

Most importantly, this program helps you turn the understanding you have in your head into a heartfelt reality you can live.

This program is designed for individuals who:

- ◆ Want to increase their sense of ease, peace, and happiness;
- ◆ Are facing challenges or simply want to be more effective in their personal and professional lives;
- ◆ Feel they are carrying burdens or resentments from the past that it is time to release; and/or
- ◆ Are curious and want to explore above the line living.

Thank you for an amazing, thrilling, enlightening and exhausting weekend. Thank you for the beautiful space you created. This event has literally been life changing for me. —J.P.

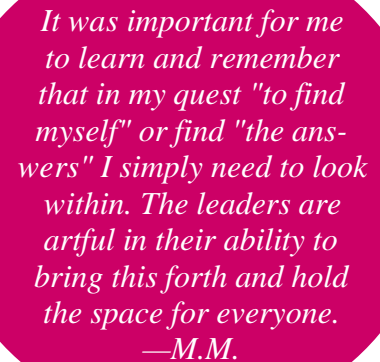
Note: couples are welcome to attend together. While the actual program content and process is designed for individual exploration, participants will explore tools that can later be used to deepen and enhance relationships.

To register, or for more information, please email upottinga@mchsi.com

Your Leaders

Ann Betz, CPCC, has both a passion and a gift for making teachings and theory real, understandable, and powerfully applicable in day-to-day life. A certified coach and experienced trainer, Ann is the co-founder and former executive director of the non-profit organization AmeriCoach, which provides leadership development and training for young leaders engaged in community service. Over the past seven years, Ann has developed and led numerous workshops on using coaching skills in the workplace, effective leadership, the power of living from love instead of fear, trusting your inner wisdom, and creativity. She has worked extensively with non-profit organizations, school districts, and volunteer programs on strategic planning, team building, and leadership. Ann has recently relocated to Minneapolis from four years in Costa Rica. Her email is ann.betz@gmail.com.

Ursula Pottinga, CPCC, **Compass Coaching and Consulting; Everest Hospitality Consulting**, has over 20 years' experience as a certified coach, facilitator and trainer as well as a leader in the hotel industry. She believes strongly in the power of weaving wisdom, intuition, and spirituality into a practical, useful form. Her passion for learning and creative expression is a hallmark of her work, which includes co-founding AmeriCoach (also serving a term as the Executive Director), and most recently, co-founding Everest Hospitality Consulting for the hotel and hospitality industry. Ursula has co-created and led workshops with Ann for the past six years and is also a certified prosperity guide who leads workshops and provides coaching on creating abundance. She lives in Florida. Her website is www.everesthospitalityconsulting.com; her email is upottinga@mchsi.com.



It was important for me to learn and remember that in my quest "to find myself" or find "the answers" I simply need to look within. The leaders are artful in their ability to bring this forth and hold the space for everyone.
—M.M.

For information about BE^{above}, including an interactive blog, downloadable meditations, articles and much more, please visit:

www.beaboveleadership.com